

Happy and Healthy

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Every cell in my body is happy and healthy
Every cell in my body is happy and healthy
Every cell in my body is happy and healthy
And I'm happy and healthy too

Every cell in my head is happy and healthy

Every cell in my shoulders is happy and healthy

Every cell in my arms is happy and healthy

Every cell in my hands is happy and healthy

Every cell in my fingers is happy and healthy

Every cell in my chest is happy and healthy

Every cell in my back is happy and healthy

Every cell in my tummy is happy and healthy

Every cell in my abdomen is happy and healthy

Every cell in my hips is happy and healthy

Every cell in my legs is happy and healthy

Every cell in my feet is happy and healthy

Every cell in my toes is happy and healthy

Every cell in my body is happy and healthy

From CD Special As I Can Be by Anne Infante